

Week 1: W/C 2022: 22nd Aug, 12th Sept, 3rd & 24th Oct, 14th Nov, 5th Dec **2023:** 16th Jan, 6th & 27th Feb, 29th Mar, 10th Apr, 1st & 22nd May, 12th Jun, 3rd Jul

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1 (RED)	Margherita Pizza	Cottage Pie	Roast Loin of Pork & Apple Sauce	Sticky Chicken	Fish Fingers
Option 2 (GREEN)	Vegetable Supreme Pizza (V)	Vegetable Cottage Pie (V, VG)	Roast Quorn Fillet Stuffing and Gravy (V, VG)	Cheese Flan (V)	Quorn Dippers (V, VG)
Option 3 (YELLOW)	Jacket Potato with Baked Beans	Jacket Potato with cheese	Jacket Potato with Tuna	Jacket Potato with Chicken Mayonnaise	Jacket Potato with Cheese
Carbs & Vegetables	Pasta in tomato sauce or Vegetable Rice and Sweetcorn <i>or</i> Peas Small Salad Bar Selection	Potatoes <i>or</i> Cous Cous and Green Beans <i>or</i> Sweetcorn Small Salad Bar Selection	Mashed Potato or Carrot half Jacket and Seasonal Vegetables <i>or</i> Green Beans Small Salad Bar Selection	Herb Jacket Wedges or Fluffy Rice and Cabbage <i>or</i> Broccoli Small Salad Bar Selection	Chips or Potatoes and Peas <i>or</i> Baked Beans Small Salad Bar Selection
Dessert	Fresh Fruit Platter/Yoghurt <i>Or</i> Strawberry Whip	Fresh Fruit Platter/Yoghurt <i>or</i> Chocolate Sponge	Fresh Fruit Platter/Yoghurt <i>or</i> Oat Biscuit	Fresh Fruit Platter/Yoghurt <i>or</i> Apple Cake	Fresh Fruit Platter/Yoghurt <i>or</i> Vanilla Ice Cream

Week 2: W/C 2022: 29th Aug, 19th Sept, 10th & 31st Oct, 21st Nov, 12th Dec **2023:** 2nd & 23rd Jan, 13th Feb, 6th & 27th Mar, 17th Apr, 8th & 29th May, 19th Jun, 10th Jul

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1 (RED)	Margarita Pizza	Farm Assured Pork Sausages in Gravy	Roast Chicken, Stuffing & Gravy	BBQ Chicken Wrap	Battered Fish
Option 2 (GREEN)	Margarita Pizza (V)	Vegetable Sausage with Gravy (VG)	Vegetarian Bolognaise (V, VG)	Quorn with Rice & Peas (V, VG)	Vegetable Fingers (V, VG)
Option 3 (YELLOW)	Jacket Potato with Chicken Curry	Jacket Potato with Cheese & Baked Beans	Jacket Potato with Tuna	Jacket Potato with Chicken Mayo	Jacket Potato with Cheese
Carbs & Vegetables	Fluffy Rice <i>or</i> Jacket Wedges and Carrots <i>or</i> Medley of Seasonal Vegetables Small Salad Bar Selection	Mashed Potatoes and Sweetcorn or Peas Small Salad Bar Selection	Potatoes or Pasta and Green Beans or Seasonal Vegetables Small Salad Bar Selection	Garlic Bread or Potatoes in Skins and Carrots <i>or</i> Broccoli Small Salad Bar Selection	Chips or Half a Jacket Potato and Peas or Baked Beans Small Salad Bar Selection
Dessert	Fresh Fruit Platter/Yoghurt <i>Or</i> Banana Cake	Fresh Fruit Platter/Yoghurt <i>or</i> Carrot Cake Muffin	Fresh Fruit Platter/Yoghurt <i>or</i> Chocolate Mousse	Fresh Fruit Platter/Yoghurt <i>or</i> Orange Jelly with Mandarins	Fresh Fruit Platter/Yoghurt <i>or</i> Strawberry Ice Cream

Week 3: W/C 2022: 5th & 26th Sep, 17th Oct, 7th & 28th Nov, 19th Dec **2023:** 9th & 30th Jan, 20th Feb, 13th Mar, 3rd & 24th Apr, 15th May, 5th & 26th Jun

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1 (RED)	Organic Pork Meatballs in a Tomato Sauce	Lasagne	Roast Chicken & Stuffing	Mushroom & Sweetcorn Pizza	Fish Fingers or Salmon Fish Fingers
Option 2 (GREEN)	Vegetable Fingers	Vegetable Lasagne (V)	Vegetable Cottage Pie (V, VG)	Sweetcorn Pizza (V)	Vegetable Nuggets (V, VG)
Option 3 (YELLOW)	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Chicken Mayo	Jacket Potato with Baked Beans	Jacket Potato with Tuna
Carbs & Vegetables	Pasta or Fluffy Rice and Green Beans or Cabbage Small Salad Bar Selection	Garlic Bread or Parsley Potatoes and Broccoli or Sweetcorn Small Salad Bar Selection	Roast Potato or Potato Mash and Carrots or Cauliflower Small Salad Bar Selection	Cous Cous or Half a Jacket Potato and Vegetable Medley or Green Beans Small Salad Bar Selection	Chips or Fluffy Rice and Peas or Baked Beans Small Salad Bar Selection
Dessert	Fresh Fruit Platter/Yoghurt <i>or</i> Apple Sponge & Custard	Fresh Fruit Platter/Yoghurt <i>or</i> Jam Tart	Fresh Fruit Platter/Yoghurt (Ginger) <i>or</i> Viennese Whirls	Fresh Fruit Platter/Yoghurt <i>or</i> Seasonal Fruit Crumble & Custard	Fresh Fruit Platter/Yoghurt <i>or</i> Chocolate Ice Cream